Whether you **DRIVE** or whether you **RIDE** ...
Remember the **FIVE** tips to survive

1. **BUCKLE UP!** It takes two seconds.
2. **LIMIT DISTRACTIONS. TURN OFF YOUR CELL** and **DON’T TEXT.** Using your cell phone while driving is the same as driving drunk.
3. **SLOW DOWN!** Obey posted speed limits. The faster you drive the higher your odds of a fatal crash.
4. **LIMIT YOUR PASSENGERS.** Each one increases the risk of a fatal crash by 100%.
5. **FIND YOUR VOICE.** Speak up if you feel unsafe. Save a life – yours or your friends’.

Protect yourself, your friends and others. Be a safe driver and a smart passenger.
1. ENCOURAGE YOUR TEEN TO SPEAK UP in dangerous or unsafe situations.
2. TALK early and often to your teens ABOUT DRIVER AND PASSENGER SAFETY.
3. SET THE RULES for when, where and with whom your teen can drive or ride ... and SET A GOOD EXAMPLE.
4. DON'T RUSH INEXPERIENCED DRIVERS into driving at night or driving in unsafe situations.
5. PARENT YOUR TEEN. Sign a teen-parent driving contract and stick to it.
The number one killer of teens ... is OTHER TEENS. They don’t carry guns; they carry car keys.

• Take your responsibilities as a driver and as a passenger seriously.

• Don’t let driving or riding in cars with friends lead to DYING in cars with friends.

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